

2010

Stillman Valley Wrestling Club - January

2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Sycamore Leave @ 6:30 AM
3	4 D Practice Black - 5:30-7:00	5 C Practice Red - 5:30-6:30 Black - 6:00-7:30	6 Freeport/Sterling @ SV	7 A Practice Red - 5:30-6:30 Black - 6:00-7:30 Harlem Weigh-Ins @ Marengo	8	9 Varsity @ Geneva Tourney
10 Harlem Leave @ 6:30 AM	11 D Practice Black - 5:30-7:00	12 B Practice Red - 5:30-6:30 Black - 6:00-7:30	13 w/ Byron @ Lutheran	14 C Practice Red - 5:30-6:30 Black - 6:00-7:30 ROCHELLE, POLO \$ DUE	15	16 Kids Open In Peoria (weigh-ins) West Carroll Tournament Johns/Harv./Winn @ SV
17 Kids Open In Peoria	18 NO PRACTICE	19 A Practice Red - 5:30-6:30 Black - 6:00-7:30 Oregon @ SV	20 D Practice Red - 5:30-6:30 Black - 6:00-7:30 MENDOTA \$ DUE	21 NO PRACTICE Le-Win @ SV Genoa/Oregon @ SV	22	23 JV BNC Tour. @ Hampshire
24 Rochelle Leave @ 6:45 AM	25 B Practice Black - 5:30-7:00 West Carroll @ SV	26 D Practice Red - 5:30-6:30 Black - 6:00-7:30 DANVILLE \$ DUE w/Morrison @ West Carroll	27 C Practice Red - 5:30-6:30 Black - 6:00-7:30 @ Winnebago	28 NO PRACTICE Rock Falls/Newman @ SV	29	30 Polo Leave @ 6:30 AM Byron Tournament JV @ Harvard Tournament
31 Leave @ AM Meridian Jr. High Meets S.V. High School Meets		Notes: MANDATORY PRACTICE DATES FOR ALL JUNIOR HIGH WRESTLERS - 4th, 11th, 19th, 26th COACHES MEETINGS: 7TH & 20TH www.stillmanvalleywrestling.com				
ALL PRACTICES ARE IN THE HIGH SCHOOL WRESTLING ROOM (unless otherwise stated)	Coaches: Tim Duffy 815-262-4801 Tim DeVries 815-739-8589 Bowe Tomash 815-721-1927 Chris Wiehle 815-761-7217 Todd Jennings 815-222-0344 Lance Lagerhausen Jason Varilek 815-218-7546 Matt Duffy 815-298-9060 Gene Iturbide Mike VanVleet Clayton Duffy Travis Hagemann Josh Johnson 815-978-9868 Steve Pierce					